

# RCIA Lesson 7

Our Lady Queen of Peace  
Thomas C. Adams

# Practices

- Commandments
- Precepts of the Church
- Holy Days of Obligation
- Fasting and Abstinence
- Confession
- Communion
- Beatitudes

# Practices

- Corporal works of mercy
- Spiritual works of mercy
- Liturgical Seasons

# Greatest Commandment

- Matthew 22:37-39
  - He said to him, “‘You shall love the Lord your God with all your heart, and with all your soul, and with all your mind.’ This is the greatest and first commandment. And a second is like it: ‘You shall love your neighbor as yourself.’”

# The 10 Commandments

1. I am the LORD your God. You shall worship the Lord your God and Him only shall you serve.
2. You shall not take the name of the Lord your God in vain.
3. Remember to keep holy the Lord's day.
4. Honor your father and your mother.
5. You shall not kill.
6. You shall not commit adultery.
7. You shall not steal.
8. You shall not bear false witness against your neighbor.
9. You shall not covet your neighbor's wife.
10. You shall not covet your neighbor's goods.

# The 10 Commandments

- First 3 honor God
- The rest honor humanity

# Precepts of the Church

- Assist at Mass on Sunday and Holy Days of Obligation
- Confess once per liturgical year
- Receive communion at least during Easter Season
- Observe prescribe days of fasting and abstinence
- Observe Marriage laws
- Missionary Spirit
- Assist the Church according to your means

# Holy Days – In U.S.

- Mary, Mother of God – January 1
- Ascension of our Lord
- Assumption of Mary – August 15
- All Saints Day – November 1
- Immaculate Conception of Mary – December 8
- Nativity of Our Lady – December 25



# Fasting and Abstinence

- Penance
- Abstinence – Do not eat meat
  - Fridays – Especially during Lent
  - Ash Wednesday
  - Good Friday
  - After 14
- Fasting – Only one full meal
  - After 18 until 59 – During Lent

# Confession

- Mortal and Venial Sins
- Sacrament of Healing
- Once per Liturgical Year
- Maintain a “State of Grace” to receive Eucharist
- Sealed
- Involves
  - Confession, Penance, Act of Contrition, Absolution

# Communion

- Must be in a “state of grace”
- Fast one hour prior
  - May be waived for health issues
- Receiving
  - Profound Bow or Genuflect (Diocesan Request)
  - Priest, “Body of Christ...” You, “Amen”
  - On tongue or in hand, but must be consumed
  - Sign of the Cross
  - If dropped minister must consume

# Beatitudes

## Matthew 5:3-10

- Blessed are the poor in spirit, for theirs is the kingdom of heaven
- Blessed are they who mourn, for they shall be comforted
- Blessed are the meek, for they shall inherit the earth
- Blessed are they who hunger and thirst for righteousness, for they shall be satisfied
- Blessed are the merciful, for they obtain mercy

# Beatitudes

- Blessed are the pure in heart, for they shall see God
- Blessed are the peacemakers, for they shall be called sons of God
- Blessed are they who are persecuted for righteousness' sake, for theirs is the kingdom of heaven
- Blessed are you when men revile you and persecute you and utter all kinds of evil against you falsely on my account

# Corporal Works of Mercy

1. Feed the hungry
2. Give drink to the thirsty
3. Clothe the naked
4. Visit the imprisoned
5. Shelter the homeless
6. Visit the sick
7. Bury the dead

# Spiritual Works of Mercy

1. Admonish the sinner
2. Instruct the ignorant
3. Counsel the doubtful
4. Comfort the sorrowful
5. Bear wrongs patiently
6. Forgive all injuries
7. Pray for the living and the dead

# Liturgical Seasons A,B & C

1. Advent – Sunday Closet to November 30
2. Christmas – Christmas to Baptism of the Lord
3. Ordinary Time
4. Lent – 40 days (Ash Wednesday, Holy Week & Triduum)
5. Easter – Easter Sunday to Pentecost (50 days)
6. Ordinary Time II